

# ASIA REMINISCENCE FORUM

Part of the DBS Foundation X SUSS Memory & Cognitive Health Community Programme

## From Memories to Meaningful Communities: Reimagining Healthy Ageing Through Reminiscence, Culture and Connection

### Program Overview – 3 to 4 August 2026

| Regional Partners and Singapore Partnering Organisations<br>3 August 2026 (Monday)<br>Venue: SUSS |                                                                                                                                                                                                                          |
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| Morning Session: Sharing of Expectations, Learning Experiences and Plans                          |                                                                                                                                                                                                                          |
| 08:30 – 09:00                                                                                     | Registration                                                                                                                                                                                                             |
| 09:00 – 09:10                                                                                     | Welcome<br>- by SUSS Rep                                                                                                                                                                                                 |
| 09:10 – 09:40                                                                                     | DBSF programme expectations, guidelines and reporting template                                                                                                                                                           |
| 09:40 – 10:40                                                                                     | Sharing of learning experiences<br>- Regional Partners: Hong Kong SAR (China) & Chinese Taipei                                                                                                                           |
| 10:40 – 11:40                                                                                     | Sharing of current plans<br>- Regional Partners: Indonesia, India & the People's Republic of China                                                                                                                       |
| 12:00 – 13:00                                                                                     | Lunch                                                                                                                                                                                                                    |
| Afternoon Session: Expert Sharing & Round Table Discussion                                        |                                                                                                                                                                                                                          |
| 13:00 – 13:10                                                                                     | Welcome & Introduction<br>- by Assoc. Prof Carol Ma Hok Ka                                                                                                                                                               |
| 13:10 – 13:40                                                                                     | <b>“Connected Ageing, Stronger Communities”</b><br>World Health Organization Expert Sharing<br>Ms. April Siwon Lee<br>- Acting Head, Healthy Ageing,<br>World Health Organisation, Western Pacific Region                |
| 13:40 – 15:10                                                                                     | Roundtable Discussion with regional representatives from Singapore, Hong Kong SAR (China), Indonesia, India & People's Republic of China, and local partnering organisations<br>- Moderator: Assoc. Prof Carol Ma Hok Ka |
| 15:10 – 15:30                                                                                     | Tea Break                                                                                                                                                                                                                |
| 15:30 – 16:00                                                                                     | <b>“Insights on Community Participatory Action Research and its Practices”</b><br>UNESCO Expert Sharing                                                                                                                  |

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|               | <p>Dr Rajesh Tandon</p> <ul style="list-style-type: none"> <li>- Founding President, Participatory Research In Asia (PRIA)</li> <li>UNESCO Co-Chair in Community Based Research and Social Responsibility in Higher Education</li> </ul> |
| 16:00 – 17:00 | <p><b><i>“From the Lens and Ground Perspectives - A Year Journeying Through the Reminiscence Program”</i></b></p> <p>Sharing of learning and ground experiences from implementation by local partnering organisations</p>                |
| 17:00 – 17:15 | <p><b>Closing</b></p> <ul style="list-style-type: none"> <li>- by Assoc. Prof Carol Ma Hok Ka</li> </ul> <p><b>Photo taking</b></p>                                                                                                      |
| 17:30 onwards | Dinner at 5 Senses (Odean Towers) & Inclusive Dining Showcase                                                                                                                                                                            |

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| <b>Reminiscence Facilitators' Graduation</b><br><b>4 August 2026 (Tuesday) AM</b><br><b>Venue: National Gallery Singapore</b> |                                                                                                                                                                                                                            |
|-------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 08:30 – 09:00                                                                                                                 | Registration                                                                                                                                                                                                               |
| 09:00 – 09:10                                                                                                                 | Welcome by SUSS Rep                                                                                                                                                                                                        |
| 09:10 – 09:30                                                                                                                 | An overview of findings from Wave 2 <ul style="list-style-type: none"> <li>- by Assoc. Prof Carol Ma Hok Ka<br/>Head, Master and PhD of Gerontology Programmes<br/>S R Nathan School of Human Development, SUSS</li> </ul> |
| 09:30– 09:50                                                                                                                  | Video <ul style="list-style-type: none"> <li>-Inspiring Encouragement Messages</li> </ul> Sharing of experiences by <ul style="list-style-type: none"> <li>-Reminiscence Facilitators &amp; Micro jobbers</li> </ul>       |
| <b>Graduation Certification &amp; Awards Presentation</b>                                                                     |                                                                                                                                                                                                                            |
| 09:50 - 10:50                                                                                                                 | Graduation Certification & Awards Presentation to <ul style="list-style-type: none"> <li>-Reminiscence Facilitators (Partnering Organisations)</li> <li>-Micro Jobbers</li> <li>-Super Volunteers</li> </ul>               |
| 10:50 – 11:30                                                                                                                 | Announcement of Partnership:<br>National Gallery and DBSF X SUSS Memory & Cognitive Health Programme                                                                                                                       |
|                                                                                                                               | National Gallery Engagement with Reminiscence Facilitators                                                                                                                                                                 |
| 11:30 – 12:30                                                                                                                 | Lunch                                                                                                                                                                                                                      |
| 12:30 onwards                                                                                                                 | Exclusive activities for Reminiscence Facilitators with National Gallery                                                                                                                                                   |

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**4<sup>th</sup> August 2026 | 1pm to 6pm**

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## **2026 DBSF X SUSS Asia Reminiscence Forum**

### **From Memories to Meaningful Communities: Reimagining Healthy Ageing Through Reminiscence, Culture and Connection**

The DBSF X SUSS Asia Reminiscence Forum (ARF) brings together policymakers, researchers, community organisations, cultural institutions, caregivers, older adults and trained reminiscence facilitators to explore how reminiscence, arts and community participation can support healthy ageing across Asia.

Organised by the Singapore University of Social Sciences (SUSS) under the **DBS Foundation X SUSS Memory and Cognitive Health Community Programme**, the forum aims to foster regional dialogue, showcase emerging evidence and strengthen collaborations in building inclusive and connected communities for older adults.

We warmly invite you to join us at the 2026 DBS Foundation x SUSS Asia Reminiscence Forum and be part of the conversations shaping the future of healthy ageing, memory, and community across Asia.

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| <i>To be seated by 12:55</i> |                                                                                                                                                                                                                                                                                                                                                            |
| 12:30 – 12:55                | Registration                                                                                                                                                                                                                                                                                                                                               |
| 13:00 – 13:05                | Welcome by SUSS Rep                                                                                                                                                                                                                                                                                                                                        |
| 13:05 – 13:10                | Speech by Guest-of-Honour                                                                                                                                                                                                                                                                                                                                  |
| 13:10 – 13:15                | Launch of DBSF X SUSS Memory & Cognitive Health Community Programme Reminiscence Toolkit 2026 (SG2)                                                                                                                                                                                                                                                        |
| 13:15 – 13:20                | Welcome Address                                                                                                                                                                                                                                                                                                                                            |
| 13:20 – 13:45                | <b>Keynote Presentation 1</b><br><br><b><i>“Healthy Ageing Through Social Connection: Building Communities of Meaning, Participation and Belonging”</i></b><br><br><b>Keynote Speaker: Ms. April Siwon Lee</b> <ul style="list-style-type: none"> <li>- Acting Head, Healthy Ageing, World Health Organisation, Western Pacific Region</li> </ul>          |
| 13:45 – 14:15                | <b>Keynote Presentation 2</b><br><br><b><i>“Culture, Memory and Belonging: Community Pathways to Healthy Ageing in China”</i></b><br><br><b>Keynote Speaker: Prof. Du Peng</b> <ul style="list-style-type: none"> <li>- Dean, School of Population and Health, and Director, Institute of Gerontology, Renmin University of China</li> </ul>               |
| 14:15 – 14:35                | <b>Keynote Presentation 3</b><br><br><b><i>“From Reminiscence to Community Impact: Preliminary Findings from the Regional Reminiscence Hub”</i></b><br><br><b>Keynote Speaker: Assoc. Prof Carol Ma Hok Ka</b> <ul style="list-style-type: none"> <li>- Head, Master and PhD of Gerontology Programmes, Singapore University of Social Sciences</li> </ul> |
| 14:35 – 15:00                | <b>Q &amp; A Session</b>                                                                                                                                                                                                                                                                                                                                   |
| 15:00 – 15:05                | Presentation of Token of Appreciation & Photo taking                                                                                                                                                                                                                                                                                                       |
| 15:05 – 15:25                | Tea Break                                                                                                                                                                                                                                                                                                                                                  |

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| Panel Discussions |                                                                                                                                                                                  |
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| 15:25 – 16:25     | <b>Panel Discussion 1</b><br><i>“Culture, Memory and Community: Creating Meaningful Spaces for Healthy Ageing”</i><br><br>-By Regional Partners & Local Partnering Organisations |
| 16:25 – 17:25     | <b>Panel Discussion 2</b><br><i>“Beyond Programmes: Scaling Community Ecosystems for Healthy Ageing”</i><br><br>-By Regional Partners & Local Partnering Organisations           |
| 17:25 – 17:30     | Photo-taking & Feedback                                                                                                                                                          |

| <b>Reminiscence Facilitators Training 2026</b><br><b>Venue: Singapore University of Social Sciences</b> |                                                                                                                       |
|---------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|
| 5 - 6 August                                                                                            | Training of Regional Partners from People's Republic of China, India & Indonesia, and local partnering organisations. |
| 7 August                                                                                                | Debrief, Q&A                                                                                                          |

Please note that there may be some slight changes & adjustments to the program. The finalised program outline will be sent out nearer the date.